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is 80% Recyclable

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## How To Care For Your Carlson

With regular care and maintenance, your Carlson will provide many years of superior performance and satisfaction. To maintain the quality of your Nightingale product, please follow the cleaning procedures outlined here.

### Mechanism

Oil sparingly moving parts once a year with light machine oil.  
NOTE: to prevent dripping, avoid over lubrication which may cause damage to surrounding surfaces.

### Fabric

Clean with mild detergent and water applied with a damp clean cloth or sponge. Rinse with water. Never use hot water and avoid scrubbing. Use gentle movements.

### Plastic parts

Clean with mild detergent and water. Do not use abrasives or excessive amounts of cleaner.

### Frame

Powder coat frames can be cleaned by wiping with a damp cloth and any mild detergent.

\* The instruction for the care and maintenance of Nightingale Products are provided to you as a service. No warranty is implied since results may vary.



Nightingale Office Chairs  
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## User Guide Instructions



# Carlson



MODEL 6870D  
SHOWN



80%  
RECYCLABLE

# Nightingale's **CARLSON**

Please read and understand this user guide with instructions before operating this office chair.



## How To Use and Adjust Carlson



**A. Arm Up Height Adjustment**  
To raise arm, pull arm pad up.  
To lower, pull arm to highest position and arm will unlock and drop to lowest setting.



**B. Pivoting Arm Pad** To pivot arm inwards or outwards push button, turn pivot pad, release button to lock.



**C. Tension Knob** Turn clockwise to increase tension, turn counter-clockwise to decrease tension.



**D. Multiple Position Tilt Lock**  
To lock tilt, turn knob upwards. To unlock tilt turn knob down and lean back into chair.



**E. Pneumatic Height Adjustment**  
To lower seat height, turn lever up. To raise seat height turn lever up with your weight off the seat.



**F. Ratchet Back Height Adjustment** Simply lift back to desired position and release to lock. To lower, raise back to highest setting and ratchet will unlock and back drops to lowest setting.



**G. Arm Width Adjustment**  
To increase arm width, pull arm outwards at base of arm. To decrease arm width, push arm inwards at base of arm.

